

SEPTEMBER BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Mantecada Muffin	NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola	Blueberry Muffin	Cinnamon Roll
9	10	11	12	13
Cinnamon Crumble	Yogurt w/ Honey Grahams	Banana Bread	Cinnamon Chex Cereal w/ Honey Grahams	Conchita w/ String Cheese
16	17	18	19	20
Vanilla Concha	Mantecada Muffin	NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola	NEW! Chocolate Chip Muffin Top	Cinnamon Roll
23	24	25	26	27
Cinnamon Crumble	Yogurt w/ Honey Grahams	Cheerios Cereal w/ Honey Grahams	NEW! Sweet Potato Sunrise Muffin w/ Banana	Conchita w/ String Cheese
30				
Vanilla Concha				

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams	100% Fruit Juice 4 oz, Pear (1/2 C), Apple Slices (1/2 C), Apple (1/2 C), Banana (1/2 C), Orange (1/2 C), Dried Cranberries (1/2 C)	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



SEPTEMBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Turkey & Cheese Torta Sandwich	NEW! 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	NEW! Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Egg Salad Sandwich
9	10	11	12	13
NEW! Turkey & Cheese Knot Sandwich w/ Oven Baked Fries	Cheese Pizza Kit	Mexican Chicken Salad w/ Romaine Lettuce & Poptillas	NEW! Bean & Cheese Pizza Kit	Wowbutter (Soybutter) & Jelly Sandwich
16	17	18	19	20
Turkey & Cheese Torta Sandwich	Turkey & Cheese Sub Sandwich w/ Baby Carrots	NEW! Chicken Caesar Salad with Dinner Roll & Croutons	NEW! Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Egg Salad Sandwich
23	24	25	26	27
NEW! Turkey & Cheese Knot Sandwich w/ Oven Baked Fries	Cheese Pizza Kit	Mexican Chicken Salad w/ Romaine Lettuce & Poptillas	NEW! Bean & Cheese Pizza Kit	Wowbutter (Soybutter) & Jelly Sandwich
30				
Turkey & Cheese Torta Sandwich				

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance	Tuesday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C),Baby Carrots (1/2 C) Wednesday:Roasted Chickpeas Thursday:Cucumber Slices (1/4 C) w/ Tajin Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C)	100% Fruit Juice 4 oz,Banana (1/2 C),Grapes (1/2 C),Plum (1/2 C),Watermelon (25 servings per tray)	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

